

# THIS IS HOSPICE CARE



Gifts in wills fund one in three patients;  
find out how your gift can make a difference

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 [stwhospice.org](http://stwhospice.org)

 01323 434214

Registered charity number: 283686



**St Wilfrid's Hospice**

# Your hospice care

## Message from the CEO

St Wilfrid's Hospice has proudly served local people since 1981. We provide end of life care for our community in Eastbourne, Seaford, Hailsham, Uckfield, Heathfield, Lewes, Pevensey and surrounding villages - a population of around 245,000.

Our expert community nurses, therapists, counsellors, and Inpatient Unit staff help people with a palliative care diagnosis to live their best lives as well as support their families and loved ones.

Our vision is of a community where people talk openly about dying, live well until the end of their lives and where nobody dies alone, afraid or in pain. And we need the help of our local community to make it happen.

### **Your local hospice, funded by the community**

More than 70% of the funds needed to provide local hospice care comes from people like you; through fundraising, donations, shops and gifts in wills.

### **Gifts in wills fund one in three patients**

These generous gifts have been the foundation of over 40 years of local hospice provision. They give us financial security and make it possible for us to maintain services in the most difficult times.

We would ask everyone to consider leaving a gift in their will to St Wilfrid's, to help us provide hospice care for all local people for years to come.

*Colin*

CEO, St Wilfrid's Hospice





## Directing your gift

All unrestricted gifts in wills are used to cover the costs of hospice care for one in three of our patients.

**You could choose to direct where your gift will make an impact. For example:**

**Community care:** improving patient mobility, independence and enabling people to stay at home as long as possible.

**Inpatient care:** providing symptom management and end of life care for patients with the most complex needs.

**Nursing:** salaries for registered nurses, nurse associates and healthcare assistants, so that patients can receive expert nursing care wherever it is needed.

If you wish your legacy gift to be used in a particular way, please speak to our Legacy Manager who can help you decide where and how to restrict your gift.

Contact the Gifts in Wills team on **01342 434214**, email [hospice@stwhospice.org](mailto:hospice@stwhospice.org) or visit [stwhospice.org/wills](http://stwhospice.org/wills)



“ Mum and Dad included a small percentage gift for St Wilfrid's in their will which resulted in the hospice receiving nearly £3,000 – enough to fund one patient and their family's end of life community care for five days – and I know the hospice are incredibly grateful to them for leaving this legacy.

I have taken part in the hospice's make a will month myself and have now left a residuary gift to St Wilfrid's which I know will ensure their care is there for others who need it.”

Nigel Munton, whose mother Patricia was cared for by St Wilfrid's Hospice.

## Writing your will

The process of leaving a gift in your will is simple. Having a will in place ensures that those you care about are provided for after your death. With a valid will, the specific wishes you have for your family and loved ones will be carried out.

We recommend that you contact a solicitor to assist you. The Law Society offers a free 'find a local solicitor' database which can be found at [www.lawsociety.org.uk](http://www.lawsociety.org.uk)

### Three main types of gift you can leave in your will

- **A residuary gift** is a share (percentage) of your estate after you have provided for your loved ones.

This is a gift from your estate once all other commitments have been settled. You could choose to leave the full remainder or a share of your estate. Given inflation, this is a good way to protect your giving in the longer term.

- **A pecuniary (cash) gift** is a donation of a fixed sum of money, such as £5,000, from your estate.

- **A specific gift** is usually chattels, an item of value, or property. It can also be a pension fund or life insurance policy.

### Gifts to charities are exempt from Inheritance Tax

Gifts in wills to charities are tax exempt and you may qualify to pay Inheritance Tax on your estate at a reduced rate of 36% if you leave at least 10% of your net estate to charity. You can find out more about how inheritance tax works, including thresholds, rules and allowances, at [www.gov.uk/inheritance-tax](http://www.gov.uk/inheritance-tax).

Everyone's tax situation is different and there are complicated rules, allowances and thresholds that will apply to you, so please speak to your solicitor or independent tax advisor.

**However you choose to support St Wilfrid's Hospice please ensure you include our Registered Charity Number: 283686.**

As a charity, St Wilfrid's hospice relies on gifts left in wills to fund one in three patients.

## Get in touch

If you would like to speak to a member of the Gifts in Wills team, we would be delighted to hear from you.

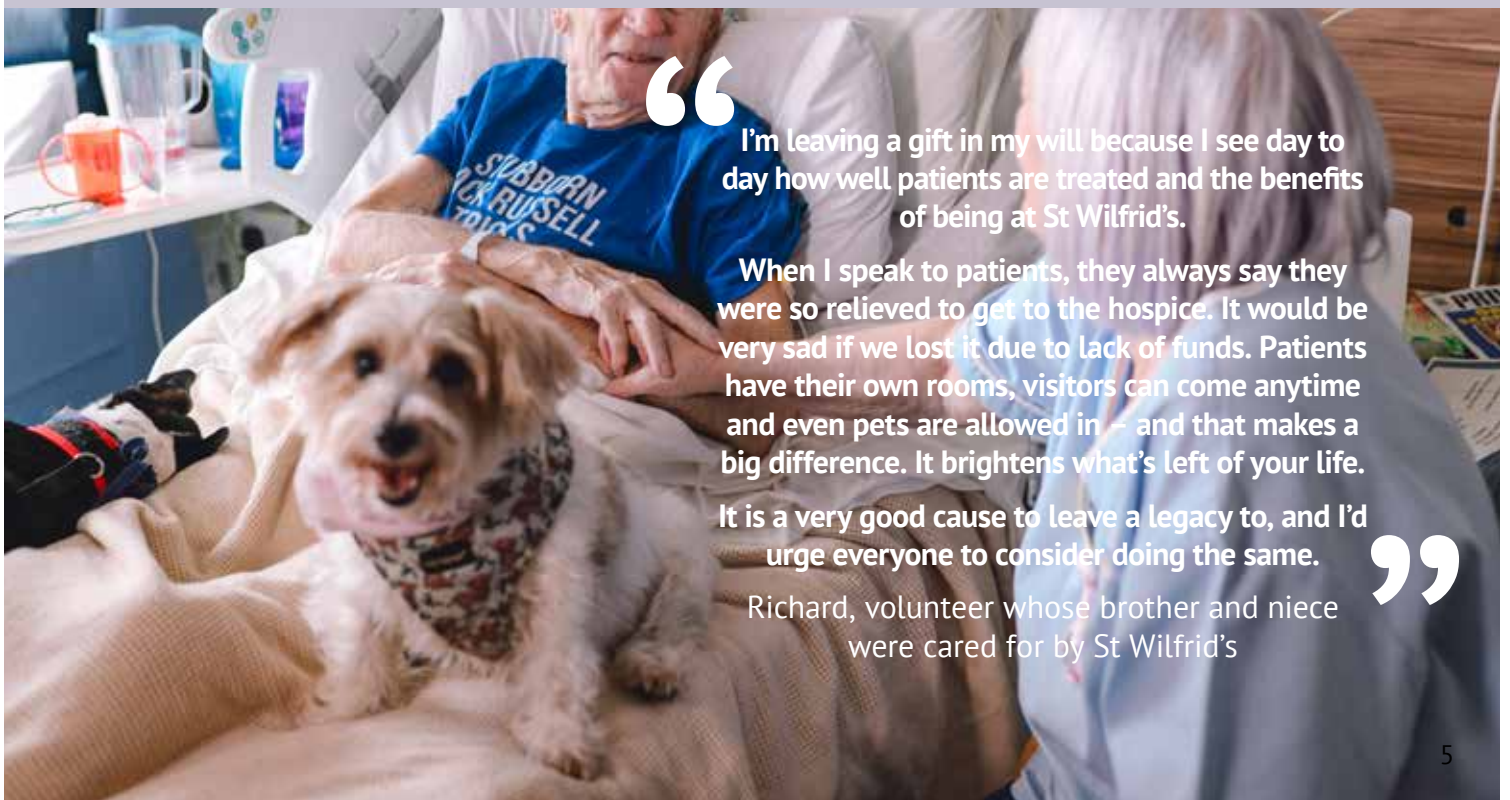
Call us on **01323 434214**, email us at **[hospice@stwhospice.org](mailto:hospice@stwhospice.org)** or visit **[stwhospice/wills](http://stwhospice/wills)**

# Make a Will Month

Every September we hold a Make A Will Month. If you plan to include a gift to St Wilfrid's in your will, there are local solicitors who will write your will for free. Booking for these appointments takes place in July and August.

Please see **[stwhospice.org/make-a-will-month](http://stwhospice.org/make-a-will-month)** for details of participating solicitors.

Alternatively you may wish to make a free online will, which you can do at **[stwhospice.org/make-a-will](http://stwhospice.org/make-a-will)**



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I'm leaving a gift in my will because I see day to day how well patients are treated and the benefits of being at St Wilfrid's.

When I speak to patients, they always say they were so relieved to get to the hospice. It would be very sad if we lost it due to lack of funds. Patients have their own rooms, visitors can come anytime and even pets are allowed in – and that makes a big difference. It brightens what's left of your life. It is a very good cause to leave a legacy to, and I'd urge everyone to consider doing the same.

Richard, volunteer whose brother and niece were cared for by St Wilfrid's

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# Impact of your gift

Leaving the hospice a share of your estate, after providing for your loved ones means that St Wilfrid's Hospice care will continue to exist for the 245,000 people living in Eastbourne, Seaford, Pevensey, Hailsham, Heathfield and Uckfield and all the rural villages in between.

Your support can enable people to live well at the end of their lives, wherever they are living, in their own homes, in our Inpatient Unit and in care homes. It can also support their physical, emotional, psychological, spiritual and practical needs.

## "From the moment Mum arrived she was treated with such kindness."

**When Anusha's mum was diagnosed with breast cancer, her world changed over night. Here, she explains how St Wilfrid's gave them all the chance to be a family and spend precious time together.**

"My mum was the most selfless person I've ever known. She was there before I even realised I needed her, and she was there when I needed her most. With just one of her hugs, the world felt at peace and all my worries disappeared in an instant.

When I was 15, her cancer progressed suddenly. She became unconscious and we were told she had only hours left. I was in tears and said to my dad, "What do we do now?" "We need a miracle," he replied.

Somehow that night, through her love, strength and fight, she beat the odds. And then we got another miracle – St Wilfrid's.

From the moment Mum arrived for end of life care, she was treated with such kindness. They let me sleep beside her on her first night. They made her comfortable, took her pain away, and we had a movie night together. It felt like I was a child again, sharing what felt like a normal Friday evening – something we hadn't been able to do at home.

I thought the word hospice meant the end. But what I discovered was something entirely different. It wasn't a place of endings – it was

a place of compassion, dignity and love.

It became a place where I could just be a daughter again, not a carer, not someone holding it all together. They gave me comfort and the reassurance I wasn't alone, something I will never forget.

Even after Mum died, they never stopped caring. I felt completely lost and was given bereavement counselling, and they continued to support me until I found myself again.

I want to say a big thank you to everyone who supports St Wilfrid's for making the unbearable a little more bearable."



# Thank you

**Every gift received from a will is generous and gratefully received, no matter the size.**

## Enduring Legacy

We commemorate all extraordinary legacy gifts of £100,000 and over by adding a new engraved leaf on our Enduring Legacy sculpture in the entrance of the hospice.

There are now 100 leaves on this sculpture, showing how important legacies are to the future of care for local people living with a palliative care diagnosis.

## Keeping you informed

If we know about your intentions to leave us a gift in your will, you will be invited to special events throughout the year as well as to a tour of the hospice. You will receive our impact report, our Reaching Out magazine and our eNewsletter.

At the back of this brochure, you will find a detachable form for you to let us know your intentions, if you wish.

There is no obligation for you to inform us of your legacy pledge, but we would love to be able to thank you if you do decide to mention St Wilfrid's in your will.



## Get in touch

If you would like to speak to a member of the Gifts in Wills team, we would be delighted to hear from you.

Call us on **01323 434214**, email us at [hospice@stwhospice.org](mailto:hospice@stwhospice.org) or visit [stwhospice/wills](http://stwhospice/wills)

# Letting us know your intentions

You don't need to share your intentions with us, but doing so means we can thank you.

This form is not legally binding and you can change your will at any time.

## My intentions

- I have included a gift in my will to the hospice
- I intend to leave a gift in my will to the hospice
- I would like details on make a will month
- I would consider leaving a gift to the hospice, please contact me

## My details

Title	First name	Surname
Address		
		Postcode
Phone	Email	

## Can we keep in touch?

If you have helped the charity in the past, we like to thank you and keep you informed about our news and events. We feel there is a legitimate interest in keeping you up to date with the work we are doing and letting you know how you can get involved. **This would normally be by email, post or telephone.** We will never sell or share your data with a third party. For details about how we use your data, please go to [stwhospice.org/yourdata](http://stwhospice.org/yourdata)

- Tick here if you wish to stop all contact from St Wilfrid's Hospice (Eastbourne)**  
(Please note, you will be removed from all mailings and we will never contact you again if you tick this box)

### Please return this form to:

Gifts in Wills team, St Wilfrid's Hospice, 1 Broadwater Way, Eastbourne BN22 9PZ

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