### END OF LIFE CARE SURVEY 2022

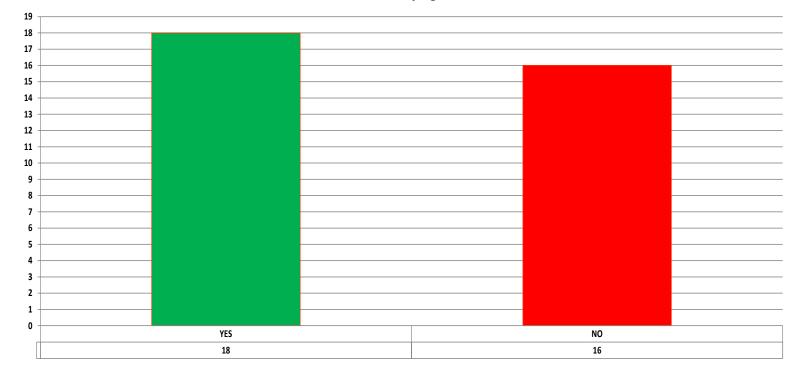


### **Background and methodology**

- Aim to reach audiences not usually reached
- Standalone survey alongside Healthwatch East Sussex's 'Listening Tour' health/wellbeing survey in Eastbourne – 15-30 October 2022
- Face to face engagement with members of the public
- Survey responses drawn from launch event (The Foundry), Eastbourne JobCentre, Hampden Park Library, Beacon Shopping Centre
- 34 responses in total



### Q1. Have you had any experience in the last 2 years of anyone close to you (family member or close friend) dying?





## Causes of death

- Cancer (the majority)
- Heart failure
- Stroke
- Dementia
- Sepsis







## Can you recall which agencies were involved?





## Commentary re how well the person was supported

- GP good at diagnosing dementia but not so good at identifying heart problem
- Lack of face to face GP contact due to restrictions led to delays in prognosis
- Mental health patient did not get support needed
- Care home did what they could but wider health and care services could have done more
- Long stay with St Wilfrid's
- Died pending investigations in hospital
- Treated well at home but unable to get into hospice
- Final days were a very positive experience
- Dementia support team were good
- Regular monitoring of pain relief and kept informed by staff
- Care in local hospice was personal, relaxed and the best we could hope for
- Care home provided good care but no visiting due to Covid



What are the most important things for agencies to get right in someone's final days of life?

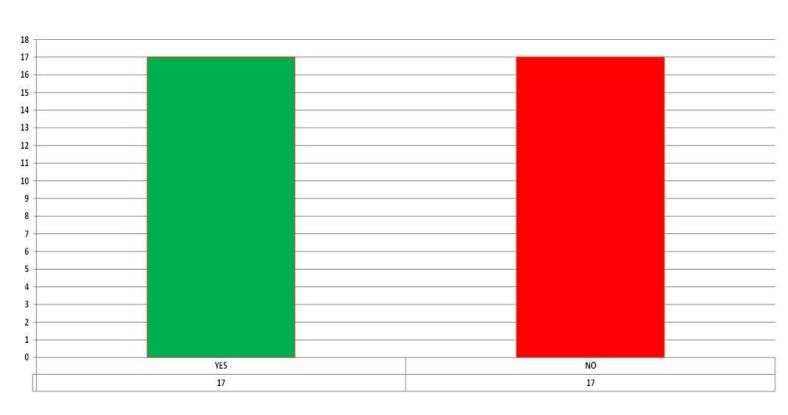




# Commentary re the most important things to get right at end of life

- Give comfort, reassurance, pain free
- Make sure the family is involved (if the wish of the patient) most often quoted
- Communication with other services and family
- Compassion, kindness
- Listening to the wishes of the dying person
- Pain management second most often quoted
- Transparency of information re care pathways
- After death support for family
- Twilight nursing support very important





Q5. Would you know how to accesscare at the end of life for you or a family member?



# Commentary re knowledge about how to access end of life care

- Not something that is easy to think about or plan for
- Would google or speak to Age UK
- Expect advice from hospital/GP/local council at time
- GP (mentioned several times)
- I wish there was more discussion around end of life and accessible information
- Yes, I've made a living will
- Would contact local hospice (several mentions)
- Would use knowledge and digital skills
- Charity connected with the condition

