

St Wilfrid's provides palliative and end of life care to adults with life-shortening illnesses in Eastbourne, Seaford, Hailsham, Uckfield, Heathfield and Pevensey and in the rural areas in between and beyond.

Our expert teams work to help people to live well until the end of their lives, and to support their family and friends. We provide care in our 20 bed Inpatient Unit, our Wellbeing centre and, increasingly, to families in their own homes. Over the next few years we plan to expand our services to make our care available to even more people in a range of local settings, bringing our care 'Closer to You'.

We rely on the generous support of our community for around 70% of the funds that we need to provide free end of life care to our patients and their families. Over the past year, hundreds of people have helped by making a gift to say thank you, by holding a collection, or by taking part in one of our fundraising events.

For more information on

Forget-me-not Tribute Funds
and other forms of In Memory

Giving, please contact

Jenna Stringer on 01323 434216
or jenna.stringer@stwhospice.org

stwhospice.org \ 01323 434200 f stwhospice \ @stwilfridstweet \ @stwhospice St Wilfrid's Hospice, 1 Broadwater Way, Eastbourne BN22 9PZ





Forget-me-not **Tribute Funds** 

stwhospice.org • 01323 434200



## Why set up a Forget-me-not **Tribute Fund?**

Starting a tribute fund in memory of a loved one is like your own mini website, dedicated to them. It is an increasingly popular way to honour and cherish their memory

Your tribute fund can help you to express, keep and display valuable personal memories and thoughts about your loved one. This may be through words, pictures, music and video.

#### You will be able to:

- use your fund to enable family and friends to send their thoughts and vou can invite them to contribute as well, maybe by adding a lovely picture you've never seen or a special story you've never heard.
- record and keep your own private bereavement diary and listen to your own personal music play list.

- keep access to your page totally private to just you and selected family and friends, or choose to allow public access. The privacy of your site is completely handed over to you.
- ✓ use your page to pass on information about the death, funeral, anniversaries or other important occasions to your family and friends.
- ✓ use your site to collect and display donations to St Wilfrid's Hospice in memory of your loved one.
- develop and keep a beautiful lasting record and legacy for your family and future generations.

## "The tribute fund helped to take my grief away"

Our very first tribute fund holder Douglas Axell set up his fund in memory of his wife Edith in 2012. The couple were happily married for over 63 years. Douglas set himself the target of raising £10,000 in Edith's memory via the fund, but has actually raised over £17,000 in the last five years.

Douglas told us on a recent visit that at the time of Edith's death he was at a very low point and grieving for his wife, but was amazed at all the tributes that came in. He explained 'I was so busy thanking all those who had contributed and doing this nearly every day helped to take my grief away. My love for Edith will last forever: she instilled in us all something very special and my tribute fund helps to keep her memory alive.'



### Bereavement

Bereavement and the pain of loss are natural human experiences which everyone approaches in their own way. If you have recently been bereaved your first and most important sources of support are likely to be your family and friends.

If the person who has died was a patient at the hospice we may be able to offer you additional support during your bereavement.

We offer a variety of different kinds of support, such as one-to-one counselling or groups and events.

For further details please contact our Family Support Co-ordinator on 01323 434257



# 🖺 How to set up a tribute fund

It's really easy to set up your Forget-me-not Tribute Fund and you can do this with very little computer experience.

Just go to stwhospice.org/set-up-a-tribute-fund-giving and follow the step-by-step instructions, it should only take 10 minutes or so to do this. When you have set up your fund all future donations from you, your family and friends will also be added to that fund. Forget-me-not Tribute Funds are completely free of charge.

